



SEATTLE / OLYMPIA BUDOKAN Student Handbook / Release Form



Welcome

Welcome to our dojo! We know that you have many choices when it comes to teachers and schools and that making the right choice is important. Zane Sensei, Sam Sensei and I are committed to helping you along your journey in the Bujinkan. Please read through this handbook in its entirety. I opened my first dojo in 1999 some 17 years ago and have been building up a wealth of experiences to share with you. We have an open mind about things because we too are students just like you. We continue our training with Soke Masaaki Hatsumi of the Bujinkan on a regular basis and this is important so that we may share his special gift with you.

RULES OF THE BUJINKAN - from the honbu

The Bujinkan shall be open to only those who agree with and uphold the guidelines of the Bujinkan Dojo. Those not doing so shall not be allowed to join.

Specifically:

Only those who have read and agreed with these guidelines shall be allowed to participate.

Only those able to exercise true patience, self-control, and dedication shall be allowed to participate.

A physician's examination report shall be required. Specifically, individuals with mental illness, drug addiction, or mental instability shall be barred from joining. The necessity of such a report concerns individuals who may present a danger to others, for example, those with infectious diseases or illnesses, individuals with clinically abnormal personalities or physiology, and individuals lacking self-control.

Individuals with criminal records shall be turned away. Troublemakers, those who commit crimes, and those living in Japan who break domestic laws shall be turned away.

Those not upholding the guidelines of the Bujinkan, either as practitioners or as members of society, by committing disgraceful or reproachable acts shall be expelled. Until now, the Bujinkan was open to large numbers of people who came to Japan. Among them, unfortunately, were those committing violent drunken acts, the mentally ill, and trouble makers who thought only of themselves and failed to see how their actions might adversely affect others. Through their actions, such people were discarding the traditional righteous heart of the Bujinkan. From this day forward, all such people shall be expelled.

Regarding accidents occurring during training (both inside and outside the dojo), one should not cause trouble to the Bujinkan. This is an extremely important point. Those unwilling to take personal responsibility for accidents occurring during Bujinkan training shall not be admitted. Reiterating for clarity, the Bujinkan shall not take responsibility for any accidents happening in the course of training, regardless of the location.

All those joining the Bujinkan must get an annual member's card. This card not only preserves the honor of the Bujinkan members, it indicates you are part of a larger whole -- one whose members come together with warrior hearts to better themselves through training and friendship. It evinces the glory of warrior virtue, and embodies both loyalty and brotherly love.

All members must have a membership card for the year, issued by the Honbu. There are two types of membership card: General Membership Card and Shidoshi Kai Membership Card:

(i) The General Membership Card applies to members of the Bujinkan Dojo, whether ungraded, kyu-grade or dan-grade.

(ii) The Shidoshi Kai Membership Card applies to those of Fifth Dan and above (called Shidoshi), and those from First to Fourth Dan (called Shidoshi-ho). Members who are teaching should possess one of these cards. Non-Shidoshi Kai members are not recognized as teachers and cannot grade students.

All memberships must be renewed every year.

Membership of the Shidoshi Kai of Fifth Dan and above may apply to the Honbu for licenses up to Fourth Dan, and may award these to their students. Members over Fifth Dan are promoted personally by Soke or a 15th dan with Soke watching, who will judge them on their technique, character and integrity. (Update: As of 2002, Hatsumi Sensei has given direct permission to certain individuals to administer the godan test.)

Only membership cards and licenses issued by the Bujinkan Dojo Honbu will be recognized as valid. People issuing "fake" membership cards and/or certificates will face expulsion from the Bujinkan Dojo.

The "Bujin" symbol is copyright. If planning to use it, you must contact the Honbu first for permission.

The tradition of the Bujinkan recognizes nature and the universality of all human life, and is aware of that which flows naturally between the two parts:

"The secret principle of Taijutsu is to know the foundations of peace.

To study is the path to the immovable heart (fudoshin)."



SEATTLE/ OLYMPIA BUDOKAN Release Form



The enrollee is aware in making this agreement to participate in training in the martial arts that certain elements of this training are physically demanding and potentially dangerous, and with this knowledge agrees to indemnify and hold harmless from all losses caused by accident or injury the Instructor, his assistants, and any third parties who may be enrollees of the same class or seminar or who are students with the Instructor, in the event that the enrollee or the said third party is injured in any way during the proper performance and execution of techniques or instruction provided in this training. (check box)

This release shall also include any landlord, leaseholder or sublessee of a training facility in which training is conducted. I also agree that the terms hereof shall serve as a release and assumption of risk for my heirs, executors and administrators, and for all members of my family, including any minors.

The enrollee attests that he/she is in good physical condition and has no known or suspected medical conditions that would preclude vigorous physical activity. *It is recommended that participants have a checkup by a physician before beginning any new physical regimen.*

It is further agreed that the enrollee's name, photograph or other representation for the purposes of promotion or publicity for this martial art program or the instructor may be used.

As part of the consideration for participation, the enrollee acknowledges and assumes all these risks and wishes to enroll in this course of instruction. (initials) _____

Print Name: _____ Registration Fees: _____

Age: _____ Birthdate: _____ M/F: _____ Height: _____ Weight: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work/Cell #: _____

Email/website: _____

Contact in case of emergency: _____ Contact's Ph: _____

Medical Coverage/Insurer: _____ Class location: _____

Previous Martial Arts: _____

*Signature: _____ Date: _____

*Parent or legal guardian must sign for all persons under 18 years of age.

The Code Of The Dojo:

1. To know that patience comes first.
2. To know that the path of Man comes from justice.
3. To renounce avarice, indolence, and obstinacy.
4. To recognize sadness and worry as natural, and to seek the immovable heart.
5. To not stray from the path of loyalty and brotherly love, and to delve always deeper into the heart of Budo.

To follow this code is part of the dojo's guidelines. Meiji 23 (1890) Spring, Toda Shinryuken Masamitsu Showa 33 (1958) March, Takamatsu Toshitsugu Uou Hatsumi Masaaki Byakuryu

Initial Training Begins With Taijutsu:

Kyu levels: beginners

First to Fifth dans: Ten (heaven)

Fifth to Tenth dans: Chi (earth)

Tenth to Fifteenth dans: Jin (person)

The eleventh to fifteenth dans are broken into Chi (earth), Sui (water), Ka (fire), Fu (wind) and Ku (the void); the Happo Hiken will be taught at these levels. The fifth Dan test shall only be administered by Soke. True Shihan can be given fifteenth Dan.

Recently, the Bujinkan has become truly international. Just as there are various time zones, so exist various taboos among the world's peoples and nations. We must respect each other, striving to avoid such taboos. We must put the heart of the warrior first, working together for self-improvement and for the betterment of the Bujinkan.

Communication with the Honbu must be in Japanese. This is to help all business run smoothly now that the Bujinkan has become international.

Those not upholding the above-mentioned guidelines shall be forced out of the Bujinkan.

Bowing In

At the beginning of class we will have a bowing in ceremony. Your instructor will go to the center of the training area raise his/her hands and utter the words "Shiken Haramitsu Daikoumyo". Please ask your classmates or a senior student (senpai) for a more complete explanation.

This expression is a sacred 'nine-syllable' Buddhist mantra in Japanese.

The kanji which represents this is: 四拳 波羅蜜 大光明

- shi-ken: 四拳 = (shilfour)-(ken/heart/fist)
- ha-ra-mitsu: 波羅蜜 = (nami/halwave)-(ralgauze)-(mitsu/nectar)
- dai-kou-myo: 大光明 = (dailbig/great)-(hikari/kou/light)-(akarui/mei/myo/bright)

Shiken represents four perspectives:

- The Merciful Heart: expresses love for everything.
- The Sincere Heart: follows what is right.
- The Attuned Heart: follows the natural order of things.
- The Dedicated Heart: holds to the chosen pursuit.

In summary: is the sensation and the harmony perceived by the sense of hearing and heart.

haramitsu means [paramita](#) or Buddha's [Satori](#). Or to reach Buddhahood from our worlds which fill up with many messy things in our minds. 波 means waves in the ocean and metaphors of something like waves,

for example "kanojyo wa nami ga aru" which means "she has waves in her mind" which means sometimes she is stable but sometimes she is unstable. What makes her unstable is her worrying, fears of something like that makes her confused, messy. 羅 means gauze - textured style of fabrics which

crosses each other in many ways so the waves metaphors the messy, confused, uneasiness in our minds which makes you unstable like a wave and those cross in our minds in many ways. 蜜 means nectar - sweet liquid - which may mean the sweet bliss that you reach after untangling the mess of your mind. haramitsu seems to be saying that if you free your mind from life's clutter you will reach enlightenment. 大光明 daikoumyo means great koumyo and 光明 koumyo means the 'bright light' of illumination - the light of your heart - the Radiance of a Deity. The manifest expression of the Light of Wisdom: the means by which illumination "dawns on us.". A brilliant, enlightened aura. 光明 also literally means bright future, or hope.

So, as a whole, shiken haramitsu daikoumyo seems have a meaning of "to seek a bright future of enlightenment by loving, being true and natural and persevering with dedication"

Source via: http://en.wikipedia.org/wiki/Shiken_haramitsu_daikoumyo

Instructors Seattle



Ju Dan (10th): Shihan Zane Williams / over 18 years experience – Dojo Chief Instructor



Yon Dan (4th): Shidoshi-ho Sam Koppes / Instructor (Adults/Kids) / Dojo Admin



JuGo Dan (15th): Shihan Matt Keiser / over 21 years experience – Dojo Director / Admin

Instructors Olympia



Shodan (1st): Shidoshi-ho Eric Larson / over 10 years experience – Instructor / Dojo Admin

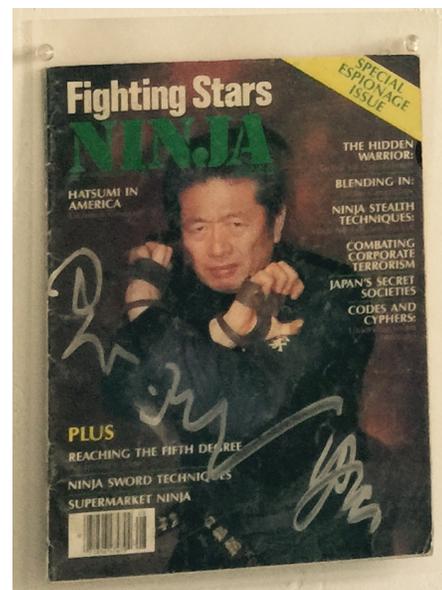


JuGo Dan (15th): Shihan Matt Keiser / over 21 years experience – Dojo Director

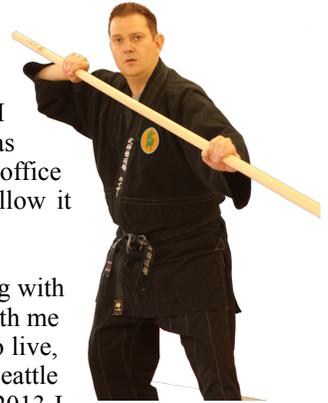
History of the Seattle Budokan and Matt Keiser

I was like many young children growing up in America in the 80's and taken in by the exciting "Ninja Boom". During my Jr. High School years I met a friend and now a student (Bill Northup) who introduced me to Fighting Stars/Ninja magazine. After I started looking at these magazines I soon learned about a man named Masaaki Hatsumi. I was fascinated by his movement, spirit and way of teaching. I knew at that moment that I was destined to be apart of what he was teaching. I told myself that I would be in Japan someday and learning this art! And that is what I did....

I started my official martial arts training in 1993 in **Kajukenbo** while I was stationed in the Air Force at McChord Air Force Base (now known as "Joint Base Lewis-McChord" in Tacoma, WA. Kajukenbo's movement (taisabaki) was interesting but it **wasn't** ninjutsu. After relocating in 1996 to Incirlik AFB Turkey, I started training in Bujinkan Ninjutsu with a Japanese Hawaiian Staff Sergeant named Gordon Hada. In 1998 I moved back to Seattle, Washington and finished my Air Force obligations. Those days there weren't many places to train in Seattle, so I kept training with a few small groups and additionally I started training in Aikido to broaden my martial arts understanding. In the summer of 1998 I met a man named Philip Giggler. Philip had some prior martial arts experience in Karate but showed interest in Ninjutsu and began training with me privately. In the summer of 1999 I was invited to come to



Japan to train, so I sold off all of my personal belongings including my newly purchased car along with a lot of help from an angel (BN) and went to Osaka. I stayed in Japan for a total of six months training daily in Aikido with Steven Seagal's ex-wife Miyako Fujitani and at a Bujinkan dojo in Tsuruhashi, Osaka. During my six months I stayed 3 months in Noda where I trained daily at the Honbu and other dojos such as Someya and Ishizuka. During my visit I was promoted to Shodan. Before returning back to Japan I stopped by Hatsumi Sensei's House/office and asked for his permission to open a dojo the **Seattle Budokan**. He kindly agreed to allow it because there weren't many other dojos in the Seattle area at that time.



The Seattle Budokan began to grow with Bill Northup, Philip Giggler and Zane Williams along with a handful of other students. 16 years later and these three friends/students continue to train with me till this day. In the summer of 2000 I decided to go back to Japan and this time I was going to live, work and train. When I moved back to Japan I asked Sensei Philip Giggler to continue the Seattle Dojo. A few years later Sensei Giggler had to close the dojo due to health reasons. In July, 2013 I opened the Shiga Budokan - Bujinkan Dojo. We currently teach adult classes and kids classes to a small group of Japanese children. In March of 2015 we reopened the Seattle Budokan. In addition to monthly trips to the honbu I train in Jodo in Amagasaki, Hyogo prefecture on a weekly basis.

Bill Northup

Sensei Northup has been training with me for 15 years and currently resides in Japan and is now an Instructor at the Shiga Budokan - Bujinkan dojo.

Zane Williams

In 2000 Zane Sensei started training at the Seattle Budokan off of Rainier Ave, Seattle Washington. Zane has been a longtime student at the Seattle Budokan and is the Only student to have personally trained with me continuously for over 15 years. During this 17 year span he has visited me in Japan countless times. His trips to Japan initially started some 15 years ago in 2002. Zane Sensei continues his studies with me privately and also at the Honbu dojo in Noda, with Hatsumi Sensei. During our 17 years we have built up a unique Student-Teacher relationship.



In Japan the **Deshi-Shiso** relationship is something that is extremely special. This special relationship is loosely translated as a student teacher relationship. This relationship is quite deeper and goes much more beyond what words can explain. There is a mental connection between the two that is unexplainable and unbreakable. In March of 2015 I decided to reopen the Seattle Budokan and I appointed Zane Sensei as the Chief Instructor.

4th Dan Sam Koppes

Sam Koppes (4th degree blackbelt)

Sam is our Kids Class instructor and dojo administrator (10+ years experience in Ninjutsu.)



Payment

First Months Payment - Joining Pack Via online store - (Includes)

\$60	Seattle Budokan membership fee (facilities upkeep)
\$30	General Membership Card (For the Honbu Dojo (Japan))
\$30	Patch
\$139	First Months Tuition



Subsequent Monthly Payments - Recurring Payments online store

\$139 Monthly Tuition - recurring payments (+processing fee)

Recurring Payments

Seattle Budokan requires that every student register for recurring payments online by either a Debit/CreditCard. Recurring payments are provided by PayPal on the Seattle Budokan Store and **DO NOT REQUIRE A PayPal ACCOUNT**

Payments shall be made at the **end of the previous month on or before the 25th.**

For example: lessons taken in **February** shall be paid **by the 25th of January.**

Do not be late for your payments! If you are late we will charge a \$30 late fee.

*If you have a payment problem/hardship, please contact us ASAP.

We prefer payments to be made online so that the Instructor may focus on the lesson and not have to think about cash transactions.

All correspondence for ranks will be sent by Dojo-cho (Zane Williams) to:

Shiga Budokan - Bujinkan Dojo
Ritto, Japan 2015

Seattle Budokan/Shiga Budokan – Bujinkan Dojo
Japan Office

〒520-3031

滋賀県栗東市

糺3丁目-1 9-1 6

Tel: 077-554-0150

We do not accept the following forms of payment: Cash/Checks/money orders/IOU's

We are open:

See website for current schedule

Please see official calendar located on seattlebudokan.com website or ask your instructor for a copy

Absences:

Please [contact us](#) if you are going to be absent.

In the event that you are absent from class or the Instructor needs to close the class due to personal / scheduling reasons you may use the "Open Mat System"

Open Mat System

Train as much as you want!

Quitting:

We require that you give us **1-month notice**

i.e. student wants to stop training in February he/she should inform us at the end of December.

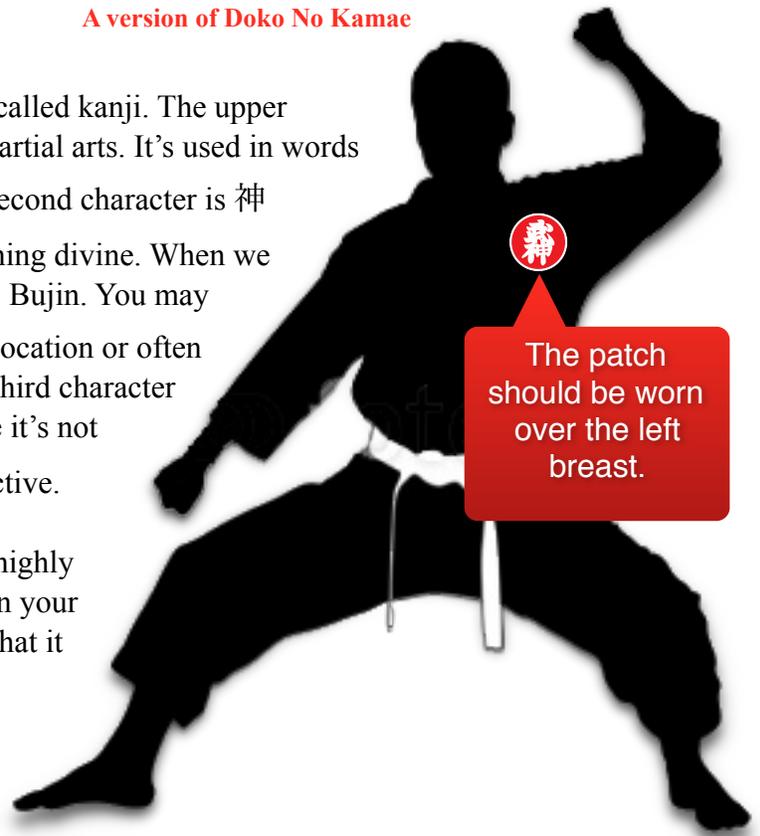
In cases of injury, illness or busy work schedules we will not refund your tuition nor will we be able to accept breaks in payment.

About the patch

A version of Doko No Kamae

The patch is made up of two Chinese characters called kanji. The upper character 武 pronounced “Bu” is often used in martial arts. It’s used in words like budo, bushido, bujutsu (martial arts). The second character is 神 pronounced “Jin” is often associated with something divine. When we combine the two characters together we get 武神 Bujin. You may wonder where the (Kan) is. Kan means place or location or often represents the physical building. The reason the third character 館 (Kan) is left off (to my knowledge) is because it’s not necessary and would make the logo look unattractive.

The patch should be worn on the left breast. We highly recommend that you sew a few strips of velcro on your uniform and some onto the back of the patch so that it can be removed when washing it.



The meaning behind the colors



Kyu Level

The green belt patch has white, which means beginning, and the red means the sun. The sun (spring) is life giving; no sun no life. Heaven or Soke, Shihan or a Shidoshi, teaches you the basic movements of life. This is Ten (Child).



Shodan to Yondan

The black belt patch is red and black. Black means the universe and the red means the (summer) sun. This means to reach out to help other people through Budo by giving them life like the sun gives us life. You give it as you make relationships with others. This is Chi (Young Adult).



Godan to Kyudan

The Godan patch is red (autumn), black and silver. The silver is the polish. You give to your own mastering of this art thorough hard training. This is Jin (Mature Adult).



Judan to Jugodan

The Judan patch is aqua, orange and green. Aqua are the oceans (life). Orange are (winter) sun and the Green are all plant life (like a grandfather, a place of honor). We should be passed most of our fears and anger in life and ready to pass the knowledge on to the next generation.

Requirements for Grades

 無級 Mu-Kyu 0 Level	 九級 Ku-Kyu 9th Level	 八級 Hachi-Kyu 8th Level	 七級 Nana-Kyu 7th Level	 六級 Roku-Kyu 6th Level	 五級 Go-Kyu 5th Level	 四級 Yon-Kyu 4th Level	 三級 San-Kyu 3rd Level	 二級 Ni-Kyu 2nd Level	 一級 Ik-Kyu 1st Level
 初段 Shodan 1st Degree	 二段 Nidan 2nd Degree	 三段 Sandan 3rd Degree	 四段 Yondan 4th Degree	 五段 Godan 5th Degree	 六段 Rokudan 6th Degree	 七段 Nanadan 7th Degree	 八段 Hachidan 8th Degree	 九段 Kudan 9th Degree	 十段 Judan 10th Degree
 十一段 Juichidan 11th Degree	 十二段 Junidan 12th Degree	 十三段 Jusandan 13th Degree	 十四段 Juyondan 14th Degree	 十五段 Jugodan 15th Degree	 Soke				

(please note that there aren't any official requirements for each grade and so each dojo may vary)

Rank

Kyu rank

Price

\$50.00 US Dollars + (processing fee)

Dan ranks

Shodan ¥ 1 0 , 0 0 0 Japanese Yen*

Nidan ¥ 2 0 , 0 0 0 Japanese Yen*

Sandan ¥ 3 0 , 0 0 0 Japanese Yen*

Yondan ¥ 4 0 , 0 0 0 Japanese Yen*



Shidoshi-ho patch worn by Shodan - Yondan

***Dan license fees will vary in accordance with the dollar to yen exchange rate.**

In the Bujinkan, Soke has left the testing up to each dojo. Content from the Ten Ryaku No Maki, Chi Ryaku No Maki and Jin Ryaku No Maki can be divided up amongst the ranks as each dojo sees fit. So in other words it's up to each school to prepare their students from Mu Kyu (White Belt) — Yon Dan (4th degree blackbelt). The 5th degree black belt test should be done in front of or by Hatsumi Sensei (Soke). The Godan test (saki test), has many parts to it and one is about extending yourself and making the journey to Japan to receive the test.



JUNAN TAISO (BASIC BODY CONDITIONING & FLEXIBILITY)

Body Massage, Joint Rotations, Attitude Conditioning, Body Balance, Strengthening/Stretching

KAMAE - NATURAL POSTURES

Seize no kamae
Rei no kamae
Kango gassho no Kamae - sitting
Kango gassho - standing
Shine no kamae
Ichimonji no kamae
Hira ichimonji no kamae

TAIHENJUTSU

Zenpo kaiten - 2 hands
Naname zenpo kaiten - 2 hands
Koho kaiten - 2 hands

UKEMI

Zenpo zagata ukemi
Kneeling break fall
Koho ukemi - backwards breakfall (squatting)

TAISABAKI - EVASION

With a partner (against a punch)

DAKENTAIJUTSU

Fudoken fist - making a fist
Punching from shizen no kamae
Punching from ichimonji no kamae
Zempogeri - from ichimonji no kamae
Zempogeri Vs. attacker
Sanshitanken - 3 finger fist

SANSHIN NO KATA

Chi no kata
Chi no kata vs. attacker

KNOWLEDGE

Belt tying

8th KYU



TAIHENJUTSU

Yoko nagare (break fall)
Zenko kaiten - (1 hand)
Oten - (cartwheel/2 hands)

KAMAE - NATURAL POSTURES

Hoko no kamae
Doko no kamae
Jumonji no kamae

DAKENTAIJUTSU

Kiten ken - omote shuto fist
Jordan uke - (upper block)
Jodan uke (against an attack)
Gedan nagashi (lower block)
Gedan nagashi (against an attack)

SANSHIN NO KATA

Sui no kata

KIHON KOSHI SANPO

Ichimonji no kata

KIHON HAPPO TORITE GATAS

Oomote gyaku
Ura kote gyaku

HAJUTSU KUHO - TEHODOKO

Katate/elbow strike
Ryote shuto uchi
Ura reversal (under/over)
Omote reversal (under/over)

WEAPON - Jō

Rei
Honte no kamae
Honte uchi (本手打 *main strike*)
5 Basic Strikes (goho uchi) & strikes against attackers

KNOWLEDGE

Count to 10 in Japanese
Dojo customs and courtesies

7th KYU



TAIHENJUTSU

Sokuho kaiten
Ushiro (koho) ukemi (standing)
Ushiro (koho) ukemi against an attacker
Yoko nagare - side breakfall rolling

KAMAE - NATURAL POSTURES

Kosei no kamae
Ihen no kamae
Hicho no kamae
Fudoza no kamae/ kamae flow kata

DAKENTAIJUTSU

Kiten ken- ura shuto fist & application
Shito ken - thumb fist & application
Sokuho geri - side stomp kick & application
Koho geri - back stomp kick & application

SANSHIN NO KATA

Ka no kata- fire
Fu no kata - wind

KIHON HAPPO TORITE GATA

Omote oni-kudaki

GYAKU WAZA

Omote gyaku ken sabaki (against a punch)
Hon gyaku - ura henka

WEAPON - TANTOJUTSU/Jō CONTINUED

Ichimonji no kamae
Jumonji no kamae
Knife disarms using kihon

KNOWLEDGE

What is Ninjutsu? Why do you study it? Tell us about the current (34th) and (33rd) Soke.

6th KYU



TAIHENJUTSU

Zenpo kaiten (no hands)
Rolling with a weapon
Koho kaiten (no hands)
Two partner rolling stick drill
Oten (one handed cartwheel) from hira no kamae

SHIHO TENCHI TOBI (LEAPING SKILLS)

Sokuho tobi - sideways leaping from hira no kamae
Fudoza tobi - leap up with legs tucked from shizen no kamae
Zenpo tobi - forward leaping from ichimonji no kamae
Koho tobi - backwards leaping from ichimonji no kamae

DAKENTAIJUTSU

Shiho geri - four way kicking
Sokuyaku ken - heel/sole w/partner

SANSHIN NO KATA

Ku no kata - void

KIHON KOSHI SANPO

Jumonji no kata

KIHON HAPPO TORITE GATA

Musha dori (ude jime ashi ori gata) - elbow lever then kick leg

WEAPON - KUSARIFUNDO/TANTOJUTSU/Jō CONTINUED

Basic movement & striking

KNOWLEDGE

Leading the class in the junan taiso warmup

5th KYU



TAIHENJUTSU

Ukemi while punching & kicking
Yokonagashi - ground drop

SHINKEN TAIHENJUTSU (MUTO DORI)

Hira no kamae
Ichimonji no kamae
Jumonji no kamae

DAKENTAIJUTSU

Kakushi geri - crescent kick (individual)
Against a punch & kick
Boshi ken - thumb driving fist
Shako ken - claw fist
Sampo geri - hidden kick

KIHON KOSHI SANPO

Hicho no kata (individual)
With a partner

KIHON HAPPO TORITE GATAS

Ganseki nage

GYAKU WAZA

Muso dori - arm entanglement
Ura onikudaki

HAJUTSU KUHO (TAIHODOKI) BODY ESCAPES

Taihodoki - body escapes
Taihodoki vs. multiple attackers

WEAPON - SHURIKEN AND PREVIOUS WEAPONS CONTINUED

Senban - flat throwing blades
Grappling Application

KNOWLEDGE

Basic understanding about Japanese Food and culture

4th KYU



TAIHENJUTSU

Hicho Kaiten - vertical diving roll
Shoten No jutsu - running up surfaces

DAKENTAIJUTSU

Koppo ken - thumb knuckle fist
Tobi geri - jumping kicks
Te/ashi tsuki - hand & foot striking combinations

JUTAIJUTSU

Keri kaeshi - kicking counters
Keri kudaki - destroying the kick
Ashibarai - leg Sweeps

GYAKU WAZA

Takeori ori - omote/ura
Takeori ori - against a knife/punch attack
Ogyaku - great reversal (against a punch)

WEAPON - ROKUSHAKU BOJUTSU AND PREVIOUS WEAPONS CONT'D

Hira no kamae
Hira ichimonji no kamae
Chudan no kamae
Seigan no kamae
Jodan no kamae
Gedan no kamae
Heito no kamae
Tenchi no kamae
Basic striking from each kamae
Bofuri Gata - bo spinning drill (partner striking drill)
Bo vs. Sword

KNOWLEDGE

Cook a Japanese dish for the dojo (why? ask..)

TAIHENJUTSU

- Shinobi aruki - silent movement
- Taisabaki - body evasion (against sword attack)
- Tsuki - taisabaki (against a punch)
- Gotonpo- use of natural elements



DAKENTAIJUTSU

- Kikaku ken - head fist
- Kentai Ichi - fist, body harmony (tsuki)
- Kentai Ichi - flow drill

HAJUTSU KUHO (FINGER LOCKS)

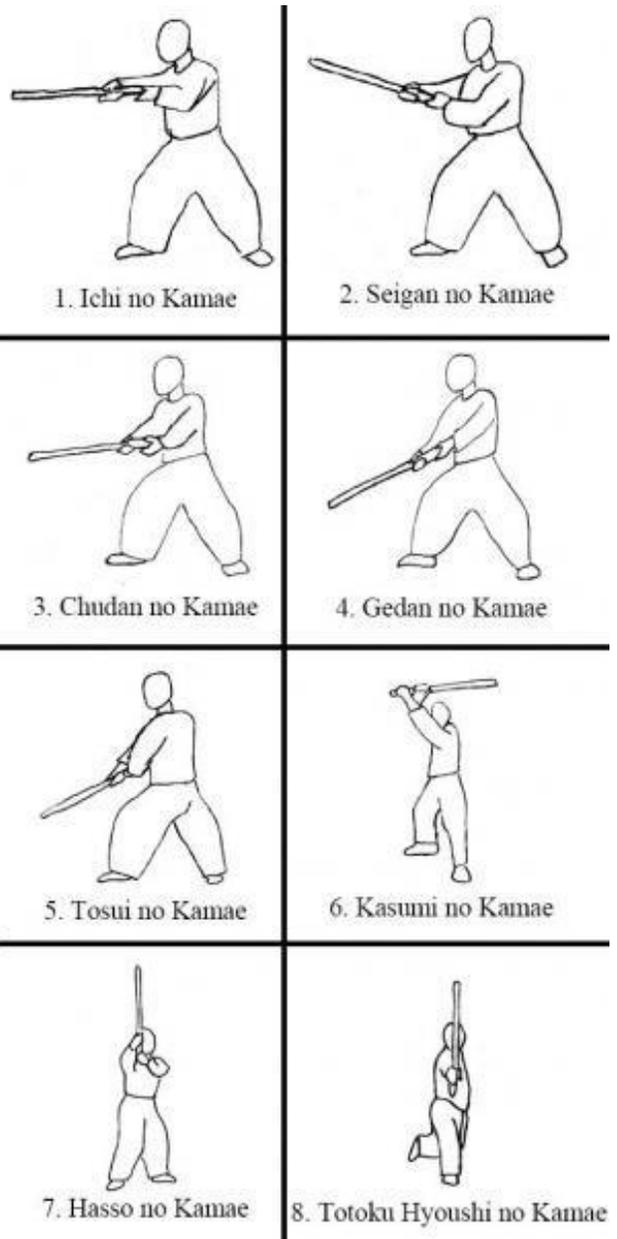
- Oyagoroshi - killing the thumb
- Kogoroshi - killing the little finger
- Ken kudaki - fist crusher
- Koshi kudaki - crushing The Hips

NAGE GATA

- Ganseki oshi - pushing throw
- Ganseki ori - kicking/trapping knee
- Ganseki otoshi - dropping to ground
- Ganseki nage - sweeping the leg

WEAPON - KATANA (SWORD/BOKKEN)

- Dai jodan no kamae
- Seigan no kamae
- Chudan no kamae
- Gedan no kamae
- Tosui no kamae
- Ura gedan no kamae
- Hasso no kamae
- Tenchi no kamae
- Kasumi no kamae
- Ichimonji no kamae
- Totoku no kamae



KNOWLEDGE

Explain your thoughts (written document) about what you have learned so far and why it's important to you.

2nd KYU



TAIHENJUTSU

Kuten - forward handsprings

DAKENTAIJUTSU

Sokki ken - knee fist & application
Shuki ken - elbow fist & application
Happa ken - palm hand fist & application
Koppojutsu - bone attacks & application
Shishinken - little finger needle fist & application
Taiken - use of entire body

TAIJUTSU SUWARI GATA – SEIZA TAKAGI YOSHIN RYU FORM

Various kihon applications

SHIME WAZA GO GATA (chokes)

Hon jime
Gyaku jime
Sankaku jime
Do jime
Itami jime

WEAPON - KEN/KATANA CONT'D (SWORD DRAWS) AND SHUKO

Weapon applications
Sword drawing Skills
Sword cutting Skills

NOBORI KATA

Climbing skills

KNOWLEDGE

Outdoor survival

1st KYU



TAIHENJUTSU

Gotonpo - body concealment
Stealth - ground crawling
Stealth - in/out of water

DAKENTAIJUTSU

Shizen ken - natural use of all body parts
Hito - jumping kicks (two feet)
Koshijutsu - attacking muscles, nerves and organs (pressure points)

KIHON HAPPO HENKA (variations)

Onikudaki
Uragyaku
Omotegyaku
Mushadori
Gansekinage
Flow – moving from one kihon principle to another

NAGE WAZA

Various nage (throws)

WEAPON - METSUBUSHI & KYOKETSU SHOGE

Metsubushi
Kyoketsu Shoge

Knowledge

What is the meaning of Shodan and what does it mean to be a Shodan?

Shodan



Flow Test

defend yourself against attacks from single and multiple attackers.

***Secret Test (unannounced)**

General Guidelines for upper ranks

*information taken from another dojo. Content is subject to change.

Nidan Level Training

2nd degree Black Belt training includes Kosshijutsu study of the principles and **Gyokko ryu wazas** of Jo Ryaku no maki, Churaku no maki and Geryaku/Mutodori gedan plus 29 Kukishinden Ryu Hanbojutsu, Shoden/Chuden/Okuden level wazas.

Sandan Level Training

3rd degree Black Belt training includes principles and wazas of **Shinden Fudo Ryu Dakentaijutsu**, Ten & Chi No Maki, Shizen Shikoku No Kata Jutaijutsu, Shoden Gata/Juroku Gata/Chuden/Okuden levels and from Kukishinden Ryu: Rokushakubojujutsu - Shoden, Chuden, Okuden, Kuden levels

Yondan Level Training

4th degree Black Belt training includes principles and wazas of **Takagi Yoshin Jutaijutsu** including Shoden No Kata/Chuden No Sabakigata/Chuden No Tai No Gata/Okuden No Kata levels and Eri Shimegata, Moguri levels.
Kukishinden Ryu: Yari Jutsu, Kodachi, Muto Dori

Godan Level Training

5th Degree Blackbelt training includes principles and wazas of **Koto Ryu Koppojutsu** Shoden -Chuden-Okuden - Hekuto No Kata. Daishosabaki - Bokuden Ryu Shiken Gata Shodan thru Kudan levels

At this time all 5th degree (Godan) tests must be taken in Japan with Soke Masaaki Hatsumi.

Rokudan Level Training

*6th degree Black Belt training includes principles and wazas of **Kukishinden Ryu***

Dakentaijutsu including the Shoden / Chuden / Sabaki Gata / Okuden No Kata / Shirabe Moguri Gata levels. Weapon is Naginata and Roikumiuchi.

Nanadan Level Training

7th degree Black Belt training includes principles and wazas of **Togakure Ryu Happo** Hiken Kenpo- Itto giri / Kakushi Iai Sanpo / Ukemi gata / Shinobi Iai Happo Sabaki Happo Bikenjutsu Level 1. Specialties / Ninpo

Hachidan Level Training

8th degree Black Belt training is Juppo Sessho and includes wazas of Kukishinden Jojutsu - Shoden Koshiki Gata - Kjuji no ho, Kutsu no ho (Joruku gata) Happo Bikenjutsu Level 2 plus Jutte and Bisento -

Kudan Level Training

9th degree Black Belt training includes the basic understanding of **Gikan Ryu Koppojutsu** principles / Jutaijutsu Jodan No Kurai Tehodoki and Taihodoki Kukishinden Ryu:
Tessen Jutsu Happo Bikenjutsu level 3 Budo Taijutsu Weapons Ura Waza

Judan Level Training

10th degree Black Belt training includes the understanding of **Budo Taijutsu Ura Waza** principles Happo Bikenjutsu Level 4 and a personal choice of a deep spiritual practice. Take a look at Gyokushin Ryu principles.

This top Shihan ranking will take the signatures of Shihan Keiser and at least 2 other Judans plus the final agreement of Soke Hatsumi.

TEN RYAKU NO MAKI
Heavenly Strategy Book

CHI RYAKU NO MAKI
Earthly Strategy Book

JIN RYAKU NO MAKI
Human Strategy Book

Bujin shoku to seikatsu
Junan Taiso to Kokyuho
» Ryutai Undo
» Kokyuho
» Shinkokyu San'aun

Taihenjutsu
» Kaiten
» Shiho Tenchi Tobi
» Zenpo Ukemi to Ryusui
» Zenpo Ukemi
» Yoko Nagare
» Tare Nagare
» Koho Ukemi

Shinken Gata Taihenjutsu
Taihenjutsu Mutodori Gata
» Hira no Kamae
» Ichimonji no Kamae
» Jumonji no Kamae

Ukemi, Ankoku toshijutsu
Kamae to sono kata
» Fudoza
» Ryuhyo
» Ryuhyo Fusetsu
» Shizen
» Hoko
» Doko
» Jumonji
» Hicho
» Ichimonji
» Ihen
» Hira
» Kosei
» Shoten no jutsu

Uke Nagashi
» Jodan
» Gedan

Keri
» Sokuyakuken
» Sokuyakuken Ten no Keri
» Sokugyakuken Ten no Keri
» Omote Sokugyakuken
» Omote Sokugyakuken Ten
» Sokuyaku Suiteiken
» Sokuyaku Tenken
» Sokuho Geri
» Naname Koho Tenchijin Geri
» Koken
» Koho Geri
» Kagi Koho Geri

Kumite
» Sokki Hentenken

Keri ni Taisuru Uke Kata
» Keri Kudaki
» Taihen
» Tsure Yuki
» Kyoto (Takagi Yoshin ryu)
» Ashi Dori

Keri no Tai Dori
Ken no Tsukai Kata
Inashi Gata
» Henkaken
» Itami Uchi
» Tsukami Dori
» Itami Osae / Itami Dori
» Kogeri Henka

Ken Nagashi, Tedama Dori
Aite to Kumu Koko Kogamae
Tehodoki
» Ryote Hodoki
Oya Goroshi, Ko Goroshi
Take Ori
» Omote Take Ori
» Ura Take Ori

Kumi Uchi
Ashirau Ippo - Yonho
Musan
Rakurai
Chikusei
Fudo
Koku
Konpi
Hito
Kappi
Gyaku Ryu
Kata Maki
Koyoku
Renyo
Shiho Dori
Kasasagi
Ko
Gyakko
Ko - Gyaku Otoshi
Josei Goshin jutsu
Roto
Hane Kujiki
Ryoyoku
Shinsen
Ichi Tai Tasu
Shinken Shiraha Dome to Shira Dori
Muto Dori Kata
Sekiryoku
Koryo
Chingan
Hisaku
Fumo
Bakko
Muko Dori
Shika Ashi
Shuriki
Akuken
Gokuraku
Fudo
Shiraha Dome
Shiraha Dori
Toteki jutsu
Tsubute & Kurumi
Ishi Nage
Senban Nage
Metsubushi
Ita Shuriken (Hira Shuriken)
Kakushi Buki
Shuko
Tekko
Ashiko
Nekote, Tsunoybi
Te no Naka
Doku Kokeshi
Shiden Gucci

TEN RYAKU NO MAKI
Heavenly Strategy Book

CHI RYAKU NO MAKI
Earthly Strategy Book

JIN RYAKU NO MAKI
Human Strategy Book

Hiken Juroppo
» Shikakuken
» Shukiken
» Fudoken
» Kitenken
» Shishinken
» Shitanken
» Gyokakuken
» Sanshitanken
» Shishtanken
» Shuken
» Sanshitanken
» Shakoken
» Shitoken
» Shikanken
» Shikanken henka
» Koppoken
» Happen
» Taiken
» Sokuyakuken
» Sokkiken
» Sokugyakuken
» Kiken

Sanshin no Kata
» Chi no Kata
» Sui no Kata
» Ka no Kata
» Fu no Kata
» Ku no Kata

Kihon Happo
¬ Koshi Sanpo
» Ichimonji no Kata
» Hicho no Kata
» Jumonji no Kata
¬ Torite Goho
» Omote Gyaku Dori
» Ura Gyaku Dori
» Hon Gyaku Dori
» Musha Dori
» Ganseki Nage

Kyusho to Kiai
Koppojutsu Kyusho

Omote - Ura Oni Kudaki
Muso Dori
Ogyaku to Henka
Shime Waza
» Gyaku Jime
» Hon Jime
» Mimi Jime
» Sankaku Jime
» Itami Jime
» Ryo Ude Jime
» Do Jime - Kubi Jime
» Katate Dori Kubi Jime
» Kubi Ura Jime
» Sei On Jime
» Ogyaku Jime
Koroshi Jime
Jigoku, Gokuraku, Yume no Makura
» Ana Otoshi
Nage
» Harai - Koshi » Harai - Otoshi
» Gyaku Nage
» Taki Otoshi
» Gyaku Taki Otoshi
» Kubi Dori Taki Otoshi
» Osoto Nage to Hiki Otoshi
» Uchi Mata, Uchi Gake
» Hane Age
» Itami Ken Nage
» Kimon Nage
» Kiri Nage
» Amado Nage
Nage ni Taisuku Waza
» Okyo
» Zu Dori
» Shomen Dori
» Atto
» Tohi
» Metsubushi
» Fuki
» Ransetsu to Soto
» Sutemi Nage
» Tomoe Geri Kara Tawara Mawashi
» Kuki Nage

